



Winning Team DNA

Occasionally we have the positive experience of belonging to a truly great team. Thrilling as it is, the experience is rare. It doesn't happen by itself. Winning teams don't just surface on their own. How can we help make it happen more often?

Winning Team DNA is a 3-Day Personal & Team Develop Programme, aimed at defining, understanding and maximising the personalities and behavioural traits of an individual within the framework of a team.

Programme Overview

The programme works by blending three profoundly effective and complimentary indicators of personality and behaviour – NLP (Neuro Linguistic Programming), MBTI (Myers Briggs Type Indicator) and the Enneagram. Together these give rare and rich insights into what is driving the team and how its performance can be enhanced to its full potential.

Following a series of interactive and individual assessments the programme culminates with a day's worth of 'output led' coaching with the individual team members as well as with those who have responsibility for the management of the team or the working group.

NLP

NLP is the study of excellence. It reveals how we naturally communicate and how we can further develop our own style so that we communicate better with others and with ourselves. In this part of the programme you will find about the unique way you use your senses when taking in and giving out information and how other people's processes match and mismatch. This part of the programme will help you understand your own perceptions or point of view better and be more accepting of what others perceptions are, while at the same time developing high quality rapport skills. NLP creates greater understanding and ultimately supports more effective team working.

The achievements of an organisation are the results of the combined effort of each individual

Vincent Lombardi



MBTI

MBTI is one of the most widely used instruments for understanding normal personality differences. It works by exploring a person's preferences for taking in information and making decisions and also looks at what a person prefers to focus their attention on and how they prefer to live their life. It provides information about preferred styles of working and interacting with other people - all of these styles are equally valuable within a team or group framework. A key feature here is the focus on the likely strengths and positive qualities of different personality styles, so feedback will always be very constructive.

The Enneagram

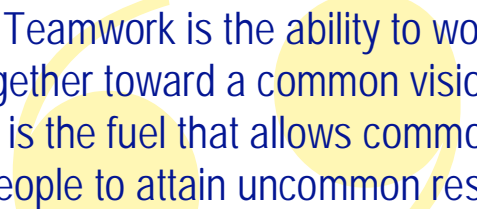
The Enneagram is an ancient, powerful and dynamic personality system that describes nine distinct and fundamentally different patterns of thinking, feeling, and acting. It explains why we behave the way we do and reveals those unconscious motivations that can both help and hinder our lives. As we discover our personality type, we will also discover what motivates us, our coping strategy, and the keys to our personal development.

When these are combined it gives you a holistic perspective on your strengths and weaknesses and importantly your untapped potential. The whole process is a practical and passionate experience enabling the discovery of how to be your most resourceful and 'best self' and how to become part of a 'Winning Team'.

At least once in our careers - if we're really fortunate, more than once - we belong to a team that we remember fondly for years afterwards. The team was a high-performing team, where pride was a key and constant feeling, because make no mistake about it- high performance and high achievement is valuable to any organisation!

Great teams don't just happen. The people who belong to them make them great teams. If your team isn't a great team yet, what would happen if you decided, right now, to help make it a great team?

The answer is quite simple - you'd have a fun and enlightening experience, recognise how your strengths can play a key part, recognise and understand the strengths of the entire team and work out immediately that you have what it takes to become a winning team!



Teamwork is the ability to work together toward a common vision. It is the fuel that allows common people to attain uncommon results

Andrew Carnegie



Strength lies in differences, not similarities

Stephen Covey